PREVENTION FIRST
Mental Health Training & Technical Assistance

SPECIALIZED, MINORITY, & IDENTITY-FOCUSED CRISIS HOTLINES

Sexual Minorities & LGBTQ+ Communities

The Trevor Project (LGBTQ+ Youth)

Call 1-866-488-7386 or text 'START' to 678-678
24/7 dedicated suicide prevention for LGBTQ+ young people.

Language/Translation:

- English and Spanish available.
- To access Spanish counseling via voice call, follow the automated prompt instructions; for text, use the dedicated portal or keywords.

Trans Lifeline

Call 1-877-565-8860
Peer support line run by and for transgender and non-binary individuals.

Language/Translation:

- English and Spanish.
- **Press 2** on the telephone keypad immediately upon connection to explicitly route your call to a **Spanish-fluent peer operator**.

SAGE LGBT Elder Hotline

Call 1-877-360-5428
24/7 certified crisis support tailored for older LGBTQ+ adults.

Language/Translation:

- English.
- Live language translation is facilitated through external phone interpretation lines upon verbal request to the operator.

Funding by the Illinois Department of Public Health.

Racial & Ethnic Minorities

BlackLine

Call or text 1-800-604-5841
24/7 peer support and crisis counseling through a Black femme lens, focusing on BIPOC and LGBTQ+ individuals.

Language/Translation:

- English language services only.

The Steve Fund Crisis Text Line

Text 'STEVE' to 741741
24/7 text support addressing the mental health and crisis needs of young people of color.

Language/Translation:

- English text platform only.

StrongHearts Native Helpline

Call or text 1-844-7NATIVE (1-844-762-8483)
Confidential, culturally-centered domestic and sexual violence helpline for Native Americans.

Language/Translation:

- English direct response.
- Access to external translation line operators when non-English speaking callers require assistance.

Indian Residential School Crisis Line

Call 1-866-925-4419
24/7 specialized national line supporting residential school survivors and Indigenous peoples experiencing trauma.

Language/Translation:

- English.
- Requests for translation in specific regional languages or indigenous dialects are accommodated based on current staff capabilities.

Funding by the Illinois Department of Public Health.

Neurodiverse & Intellectual/ Developmental Disability Communities

The Autistic Peer Support & Crisis Resources (via 988 Specialized Text/Voice)

Call or text 988
Accommodates neurodivergent callers with direct adjustments.

Language/Translation:

- English and Spanish.
- ASL via videophone available by clicking 'ASL' on 988lifeline.org or choosing the prompt.
- Voice translation covers 240+ languages.

Funding by the Illinois Department of Public Health.